



PGY1 Pharmacy Residency: Frequently Asked Questions

How many applicants are accepted? There are 2 pharmacy resident positions.

When was the program at Centra developed? In 2012, we accepted our first 2 residents. We were surveyed by ASHP in March of 2013 and received full 6-year accreditation. We had our reaccreditation visit in July of 2018 and received a full 6-year accreditation plus 2 years for a total 8-year accreditation!

Where are your former residents practicing now? Children's Hospital of Philadelphia, Martha Jefferson Hospital, Carilion, Centra, and other hospitals across the country. Many have completed PGY2 residencies. Greater than 80% are Board Certified in Pharmacotherapy.

Do any of your residents stay at Centra after graduation? Yes! If we have openings. Currently we have 4 graduates working with us in clinical roles.

How soon do I need to be licensed? ASAP! Training depends on licensure. Licensure by July 1 is preferred. Residency start date may be affected by licensure.

What about weekends? How often and what shifts? Residents work in the pharmacy in a staffing role every other weekend. The shifts are 8 hours and primarily day shifts. Residents are also responsible for IV/PO interchange program on the weekends in addition to other duties.

Which Holidays do residents work? Both Pharmacy residents will work Labor Day, Thanksgiving, Christmas, Easter, and Memorial Day. Residents are off on July 4th and New Year's Day. In the event of a sick co-worker, you may be asked to work an additional holiday.

What does your program do to address wellness and resiliency? In addition to RPD check-ins', we have frequent "family lunches" at work (complete with games), scheduled professional development/project days @ the end of each rotation, walkabouts, and quarterly wellness topics.

What are the required rotations? Orientation, Distribution/Staffing, Clinical Services, Internal Medicine, Adult Team, Infectious Disease, Critical Care-Medical/Surgical, Cardiology/Neurology ICU, Special Populations (Neonatal & LTAC), and Management/Leadership. Each is 4 weeks except and Management (2 weeks).

What electives are available? We are very flexible with electives. We can create something customized to your goals. Any required rotation can be repeated as an elective. Other elective rotations include Long Term Acute Care, Neonatology, and Emergency Medicine.

What about longitudinal rotations? We have several longitudinal learning experiences that are required including Drug Information/Journal Club, Pharmacy Leadership and Management, Medical Emergencies, P&T/Medication Safety, Residency Project, and Staffing.

Do you offer a teaching and learning certificate? Yes! Residents can participate in a program offered by Shenandoah University. The RPD will assist as needed. All residents since 2014 have participated, including several preceptors.

What is your pharmacy department model? How large is the staff? Centra has 4 hospitals. At Lynchburg General and Virginia Baptist, there are dedicated clinical staff who are on the floors always. We do have some pharmacists that rotate between distribution and clinical, but when they are in the clinical role, it's 100% clinical activities. As a department, we have approximately 100 staff members systemwide.

Are there any opportunities in ambulatory care? Yes! We are excited to offer an elective in Ambulatory Care in Cardiology starting in 2025! Also Oncology elective is in development for 2025!

What about community service? Pharmacy residents can participate in community health fairs and support groups as requested. Residents also help with the annual flu shot campaign as needed.

Do residents take call? No, our call program was eliminated. It would be a very rare occurrence, and RPD would be back-up as needed.

Do you have a mentorship program? No, but it's something we have considered implementing in the future. The benefits of a small program like ours is that you will bond with all your preceptors, and they provide guidance as needed. Residents usually find a mentor organically in our program.

How often are residents evaluated? At the end of each rotation, quarterly for longitudinal rotations, and formative snapshots are done every other week. Residents also must self-evaluate after each rotation.

Will I be able to precept students? Yes. You will precept learners of all ages and types. Middle school career camp students, pharmacy students, and even medical residents. Our residents also provide didactic lectures to medical residents and physician assistant students at the University of Lynchburg.

Is funding available for professional meetings? Yes, financial support is offered for ASHP Mid-Year clinical meeting and UNC REPS conference in the spring.

How many hours a day do residents work? Typically, the day is 10-12 hours, depending on workload.

Is moonlighting allowed? Yes, under extenuating circumstances. Hours would need to be monitored and approved by RPD. **What is the salary & benefits?** \$51,500/year + benefits, and 24 days PTO per year

Are there any Centra employment requirements? Yes. Employees will undergo a criminal background check, drug testing, pre-employment physical, and attend general hospital orientation. Employees must receive flu vaccine unless exempt for medical or religious reasons.

ASHP Program Code 38010 National Match Code: 200913

<https://www.centrahealth.com/educational-opportunities/centra-pharmacy-residency-program>

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