OUR SPECIALTIES

• Post-surgical rehabilitation
• Stroke care
• Congestive heart failure
• Chronic obstructive pulmonary disease
• Pneumonia
• Wound and ostomy care
• Care for neurological conditions
• Vestibular rehabilitation
• Personalized fall prevention program
• Care for dementia patients
• Cancer rehabilitation
• Lymphedema management
• Low vision therapy
• Treatment for communication, feeding and swallowing disorders

QUALIFYING FOR HOME HEALTH

• Be under the care of a physician
• Have a diagnosis that requires nursing and/or therapy services
• Have a need for further instruction on medications, diet, treatments, etc.
• History of multiple hospital admissions and/or unstable medical history
• Have been “readmitted” to the hospital in the last three months
• Be considered “homebound”*

* Homebound status means the patient requires a device or equipment, and/or the assistance of another person, and/or requires a taxing effort to leave home or your physician deems it medically necessary.
WHY CHOOSE US?
As a service of Centra’s not-for-profit regional healthcare system, we are able to offer a wide array of services and specialists to meet our patient’s needs. Patients benefit from more choices, coordinated care and enhanced communication between healthcare providers.
We have proudly served the community for more than 30 years with an experienced, compassionate clinical team.

WHAT WE DO
Centra Home Health offers medical care in a comfortable, familiar environment – your home. Whether you are recovering from a recent illness or surgery, need help with medication management, live with chronic disease such as diabetes or COPD or are in need of therapy to regain strength and functioning ability, we can help by providing:
• Skilled nursing visits and education to help manage a chronic illness
• Physical, occupational and speech therapy
• Help after a hospital stay
• Medication management
• Home health aides
• Medical social work
• Patient/family teaching and training

We work in partnership with your physician to ensure the best possible care.
Our highly trained staff develops an individualized plan of care which includes the services you will need to improve and maintain your physical, mental and social well-being.

WHAT TO EXPECT
Our clinical staff will:
• Listen to your concerns and explain our services
• Talk about your medications
• Encourage you to be actively engaged in your care
• Provide an individualized plan of care
• Discuss pain management needs
• Provide a home exercise program, if ordered by your physician
• Discuss home environment to ensure your safety
• Chart in a computer the care and treatment you are receiving
• See to your comfort, assist with independence in your home and help you stay out of the hospital.

To help us personalize your care, please provide the following:
• Paperwork from your referring physician, hospital or skilled nursing facility
• Insurance cards for verification
• All prescription and over the counter medications, including vitamins

CERTIFICATIONS/ACCREDITATION
• Medicare
• Medicaid
• The Joint Commission
*We accept most major insurances

“Everyone involved in my care was superb! The nurses and staff were professional yet very caring; treating me as if I were family. The nurse was kind, caring and eager to help me with my questions and concerns. I cannot express how thankful I am for everything that was done for me after my surgery. This is a very special thank you from my heart.”
— Muriel D. Payne, Lynchburg, VA

“Centra Home Health has a wonderful group of therapists! The care I received was “outstanding!” I am blind and unable to fill out the satisfaction survey so I am calling to say your staff deserves the “highest” marks possible.”
— Bill Hadden, Lynchburg, VA

“My speech therapist, Donna Sewell, (I fondly call her “my girl” and she is okay with that) has done more for me than my words allow me to express. She has helped me learn and understand how to communicate again, better than I thought possible.”
— Barry Keesee, Lynchburg, VA