



C E N T R A

Autism Services Resource Guide



Centra Autism and Developmental Services

Centra Autism & Developmental Services provides comprehensive Autism services across the state of Virginia. Home-based Applied Behavior Analysis (ABA) services are offered in seven regions including Lynchburg, Roanoke, Alleghany, Danville, Richmond, Farmville, and Tidewater. Clinic-based care is also available in Lynchburg. At our clinic, we provide a multidisciplinary team approach to the patient's care. Working together, our team develops comprehensive & individualized treatment plans that help patients make developmental improvements in key functioning areas. Services include: Developmental Pediatrics, Psychiatry, Psychological Testing, Individual & Family Therapy, Applied Behavior Analysis (ABA) services, Speech and Language Therapy, and Occupational Therapy.

Contact: Crystal Collette,
Director of Autism Services

Call: 434.200.5220

Email: crystal.collette@centrahealth.com

Website: <https://www.centra-health.com/AutismServices>

Autism Resources Therapeutic Providers



Blue Ridge Autism and Achievement Center

BRAAC is a private, non-profit day school serving students with autism aged 2-22 in Lynchburg. We are a year round school program that utilizes ABA and 1:1 instruction to deliver individualized learning to our students.

Contact: Damian Murtagh

Call: 434.525.4790

Email: damien.murtagh@svhservices.org

Website: www.svhservices.org

Center for Pediatric Therapies (Forest Location)

The Center for Pediatric Therapies (CPT) is a full service rehabilitation clinic serving children from birth through age 21 in Southside and Central Virginia. CPT offers a multidisciplinary approach to treat a variety of neurological, orthopedic, and developmental disorders. We provide occupational therapy, physical therapy, speech therapy and ABA services. Our services are delivered in the most appropriate environment for the child. That environment might be in the child's home, daycare, school, or in one of our outpatient clinics in Danville, Forest, Martinsville, or South Boston, Virginia.

Contact: *Angela Cheatham, Office manager*
(handles patient referrals.)

Megen Brummett, Clinical manager

Call: Cell: 434.941.8185 | Office: 434.239.6630

Email:

Angela.cheatham@centerforpediatrictherapies.com

megen.brummett@centerforpediatrictherapies.com

Website: www.svhservices.org

Katie's Place Lynchburg

The need for active adult community-based programs and employment services for people with developmental and intellectual disabilities is very real. SVH Adult Services is pleased to offer Achieve Employment, Katie's Place Community Day Program, SPARK, social activities and recreational opportunities, Daily Living Skills teaching, as well as Therapeutic Consultation for those difficult times.

Contact: Heather Hicks

Call: 540.904.2957

Email: heather.hicks@svhservices.org

Website: <https://katiesplacedaysupport.org/>

SVH Services

Seventy-six percent of individuals with a developmental and/or intellectual disability are living with family caregivers. Support for families is essential. SVH Family Services offers a wide variety of family assistance, programs, and educational opportunities including social groups, support groups, sibling workshops, and more. We are here to meet your loved one where they are and offer support to the entire family.

Contact: Teri Nance, *Development Coordinator*

Call: 540.904.2957

Email: teri.nance@svhservices.org

Website: <https://svhservices.org/>

Wintergreen Adaptive Sports

An independent non-profit established at Nelson County's Wintergreen resort in 1996, Wintergreen Adaptive Sports provides instruction in adaptive snow sports and adaptive paddling sports for persons with disabilities, of all ages and with all types of disabilities—physical, cognitive, and sensory.

Contact: Dave Shreve

Call: 434.466.3283 (David); 434.325.2007 (the W.A.S. "Hut" on the mountain during our annual snow sports season, mid-December-mid-March)

Email: executivedirector.was@gmail.com

Website: wintergreenadaptivesports.org

Special Olympics Virginia

Special Olympics provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills, and friendship with their families, other Special Olympics athletes and the community.

Contact: Lisa Wimbush

Call: 434.582.4712

Email: lwimbush@specialolympicsva.org

Website: <https://www.specialolympicsva.org>

Camp Easter Seals UCP

An overnight camp for kids and adults with disabilities located outside of Roanoke. Campers with disabilities such as autism, Down syndrome, cerebral palsy, epilepsy, and others attend camp to be with friends, swim, ride a horse, canoe, sing, fish, climb a wall, make crafts, and be out on their own!

Contact: Alex Barge

Call: 540.864.5750

Email: camp@eastersealsucp.com

Website: www.CampEasterseals.com



A Mother's Rest

Affordable, nationwide, 3-night B&B respite retreats exclusively for parents and caregivers who have loved ones with disabilities and/or chronic medical challenges.

Contact: Andrea Faris Roberts,
Founder & Executive Director

Email: innkeeper@amothersrest.org

Website: www.amothersrest.org

Cabaniss Associates

Cabaniss Consultants exists to create harmony for individuals with developmental disabilities and the families who support them. In addition, we provide information and resources to organizations that serve these individuals. We provide residential and respite services.

Contact: Danny Cabaniss

Call: 1.434.847.2800

Email: dcabaniss@cabanisshomes.com

Website: www.cabanisshomes.com

Disability Law Center

Our services include information and referral, legal representation, technical assistance, short-term assistance, systemic advocacy, monitoring and training. Our services are provided free of charge. We are independent from state and local government.

Contact: Advocates on Duty

Call: 1.800.552.3962

Email: info@dLCV.org

Website: www.dlvc.org

Enable Special Needs Planning

ENABLE provides special needs consulting services. We prepare your entire family for life's uncertainties and help you implement strategies that work today and in the future. ENABLE takes the guesswork out of special needs planning and makes it easy to prepare your child to live an abundant, impactful life!

Contact: Phil Clark, *Founder*

Call: 347.460.3562

Email: pclark@ENABLEsnp.com

Website: <https://enablesnp.com/>

Minerva Special Education Consulting LLC

Services by appointment only, free initial consultation. We strive to empower parents and students through workshops, mentoring, special education advocacy services, and education consulting services in Central Virginia.

Contact: Kim Lemburg

Call: 434.509.6337

Email: info@minervasec.com

Website: www.minervasec.com

Organization for Autism Research

The Organization for Autism Research (OAR) is a non-profit based in Arlington, VA. OAR funds applied research studies and scholarships for students on the spectrum pursuing post-secondary school education. OAR also provides high-quality information resources (guidebooks, training videos, tip sheets) to parents, teachers, siblings, and individuals with autism at no cost.

Contact: Margaret Gorman

Call: 866.366.9710

Email: programs@researchautism.org

Website: <https://researchautism.org/resources/>

Parent Educational Advocacy Training Center (PEATC)

PEATC is a statewide non-profit in Virginia that works to empower individuals with disabilities, families, and professionals by providing up-to-date, accurate, and comprehensive resources and training that help them navigate the special education and disability service system in Virginia. We assist families through One-on-one consultations, workshops, webinars and trainings, and easy to understand factsheets. Our services to Virginia families are free and confidential as we assist with moving through the special education and disability services system maze, building effective communication skills, encouraging self-advocacy and self-determination in students, and developing collaborative partnerships.

Call: 703.923.0010 | 800.869.6782

Email: partners@peatc.org

Website: www.peatc.org

United Methodist Family Services (UMFS)

UMFS is a nonprofit agency that provides a comprehensive array of programs to meet the needs of high-risk children and parents to enable them to overcome challenging circumstances and succeed. A national leader in helping children, we also proactively identify unmet social service needs throughout Virginia and develop appropriate partnerships to address them. The Lynchburg office of UMFS provides therapeutic foster care services, kinship services (kinship foster care, home study, post adoption, stabilization, and step down services), as well as services to support independent living for children in the foster care program.

Contact: Amera Ghanem,
Family Systems Coordinator

Call: Lynchburg Office, 434.808.2002
or 434.447.8630

Email: lynchburg@umfs.org

Website: www.umfs.org



Zach Speaks Inc.

Zach Speaks is an organization that was created to helping families with autism pay for therapies and give resources and support!

Contact: Lauren Blundell

Email: zachspeakinc@gmail.com

Website: Zachspeakinc.org

Moms in Motion

We offer answers, help, and hope for those seeking resources for medicaid waivers, assistive technology, environmental modifications, durable medical equipment, and more. We can assist with everything from application to service delivery!

Contact: Lauren Sherwood

Call: 540.494.8520

Email: lauren.sherwood@momsinmotion.net

Website: www.momsinmotion.net

Lynchburg Area Center for Independent Living (LACIL)

LACIL serves any individual with any disability and any age through a variety of services such as Information and Referral, Independent Living Skills, Peer Counseling, System & Individual Advocacy, and Transition. LACIL goal is to empower anyone with a disability(ies) to live as independent as they choose in their home and community.

Contact: Heather Dooley or Veronica Callaham

Call: Office: 434.528.4971 | Ext. 1009
Cell: 434.258.6612

Email: hdooley@lacil.org

Website: www.lacil.org

Aetna Better Health of Virginia

Aetna Better Health of Virginia offers managed care services and programs to individuals and families who qualify for Medicaid, FAMIS (Family Access to Medical Insurance Security), Medicaid Expansion for Adults and CCC Plus (Commonwealth Coordinated Care Plus). We have been serving the Medicaid population in Virginia since 1996.

Contact: Casaundra Swain,
Community Development Coordinator

Call: 540.520.1013

Email: swainc2@aetna.com

Website: <https://www.aetnabetterhealth.com/-/virginia>

Additional resources throughout the state of Virginia can be found at <https://autismdrive.virginia.edu/#/home>