



Radiology Services

Ultrasound Patient Prep:

- **Pelvic and Obstetrical (OB) Exams:**
You must have a full urinary bladder at the time of your exam. Drink twenty-four to thirty-two ounces of any liquid. Finish drinking the liquid at least a half-hour prior to the scheduled appointment time. DO NOT use the restroom after drinking the liquid. Your bladder needs to be full in order to perform the exam.
- **Abdominal Aorta, Gallbladder, Pancreas, Liver and Spleen:** Nothing to eat or drink for at least eight hours prior to the exam.
- **Renal, Thyroid, Bone, Joint, and Vascular Studies:** There is no preparation necessary to perform these exams.

For additional questions pertaining to this patient preparation information, please contact the Ultrasound Department where your test is scheduled:

Lynchburg General Hospital
1901 Tate Springs Rd.
Lynchburg, VA 24501

Phone: 434-200-3722

Virginia Baptist Hospital
3300 Rivermont Ave.
Lynchburg, VA 24503

Phone: 434-200-4621

Bedford Memorial Hospital
1613 Oakwood St.
Bedford, VA 24523

Phone: 540-587-3268