Central and Southside Virginia
Hospice service areas by county

Serving:
Amherst
Appomattox
Bedford
Buckingham
Campbell
Charlotte
Cumberland
Farmville
Lunenburg
Lynchburg
Prince Edward

*Portions of:
Amelia
Botetourt
Franklin
Halifax
Nottoway
Pittsylvania
Roanoke

Not sure if hospice is right for you? Let us help.

We can help determine eligibility; call for a consultation.
Bedford: 540.587.6592 / Fax 540.586.0468
Lynchburg: 434.200.3204 / Fax 434.847.4910
Farmville: 434.315.2885 / Fax 434.315.2889
CentraHealth.com

As primary caregiver, I was so relieved to know that I would have experts available to assist me. Hospice gave me peace of mind which allowed me to stay focused on keeping my mom happy and comfortable for as long as possible. Throughout her hospice care my mom was amazed that she didn’t have to pay for the equipment, supplies, medications and the nursing visits that were needed as a result of her illness. We both appreciated the loving care and responsiveness of the team throughout her nine months of care. I am forever grateful.”
– Betty, Forest, VA

“When hospice was first suggested I was concerned. We didn’t know what to expect. My wife and I quickly learned that the Centra Hospice nurses were very caring and extremely helpful to both of us. They were also very in tune with what was happening with my wife, Lois. Their support and encouragement meant a lot. Thank you Centra Hospice.”
– Mike, Bedford, VA
WHAT IS HOSPICE?
Hospice is a specialized program of care that offers help, comfort and support for people seeking relief of symptoms rather than curative treatment when facing a terminal illness. Hospice care extends to family, caregivers and friends.

What type of care is provided?
A team of specialists coordinates care and provides services that include nursing visits, assistance with personal care, chaplain visits, social work, medications, supplies and equipment related to your hospice diagnosis.

Although many people choose to receive hospice at home, hospice services may also be provided in assisted living or nursing facilities, Centra’s Hospice Houses or a specialized unit at Guggenheimer.

The hospice team is available 24-hours a day, seven days a week providing reassurance and peace of mind for families.

Benefits of choosing hospice:
• Effective pain and symptom management allowing best quality of life possible
• Personalized care offered in a familiar environment
• Hospice team is available 24 hours day, 7 days per week
• Emotional, psychological and spiritual support for patient and family
• Focus on the patient’s goals and wishes
• Lessens financial burdens
• Bereavement support for up to one year

Who benefits from hospice?
Any individual facing a life limiting illness may qualify. Some common hospice diagnoses and symptoms include:
• Congestive heart failure/heart disease
• Lung, liver or kidney disease
• Cancer
• Stroke
• End-stage Alzheimer’s/dementias
• General decline
• Chronic multiple diseases
• Decreased appetite/weight loss

DOES CHOOSING HOSPICE MEAN GIVING UP HOPE?
No, hospice provides comfort and quality of life when the hope for cure is no longer possible. Living each day to the fullest becomes the focus.

How does my family get help from hospice?
Individuals, family members or friends can contact us directly. We can help determine whether hospice is appropriate and consult with the patient’s physician.

How do I know when it’s time for hospice?
Hospice care should not be a crisis service for just the last few days of life. It is a program designed to care for the patient and family during the last months of life. Choosing hospice earlier allows both the patient and family to receive the full benefit of hospice services. Knowing when the “right” time to consider hospice can be challenging even for healthcare providers. If you are unsure, we can help you determine if the timing is appropriate.

Does choosing hospice mean death will come sooner?
Talking about hospice and dying does not make death happen sooner. Research shows that patients in hospice care live longer with a higher quality of life than patients with similar conditions not receiving hospice care.

How is hospice paid for?
Hospice is a program that is paid for by Medicare, Medicaid, and most private insurance programs. However, if a patient is unable to pay for care, Centra Hospice will provide services regardless of ability to pay.

WHY CHOOSE US?
Not all hospices are alike. We are locally owned, not-for-profit and have over 30 years of hospice experience serving the community. We offer:

• Expert palliative, end-of-life care
• Dedicated, full-time medical director, physicians and nurse practitioners
• Consistently high patient satisfaction scores - Hospice Honors recipient
• Chaplain services, spiritual support
• More choices and options for care compared to traditional hospice programs
• Bereavement services including individual counseling - support groups
• We Honor Veterans Program
• Connection to Centra’s continuum of care including hospital facilities, specialized unit at Guggenheimer, as well as hospice houses in Bedford and Lynchburg.