CENTRAL VIRGINIA OBSTETRICAL PRACTICES

- Centra Medical Group Women’s Center
  2007 Graves Mill Road
  Forest, Virginia 24551
  434.385.8948
  Certified Nurse Midwives

- Centra Medical Group Lynchburg Family Medicine Residency
  2323 Memorial Avenue
  Suite 10
  Lynchburg, Virginia 24501
  434.200.5200

- Women’s Health Services of Central Virginia
  114 Nationwide Drive
  Lynchburg, Virginia 24502
  434.239.7890

- Johnson Health Center
  2402 Atherholt Road
  Lynchburg, Virginia 24501
  434.455.3270

For more information about these resources, please call 434.200.6565 or visit Women.CentraHealth.com.
PERINATAL NAVIGATOR

With a newborn on the way, finding the right prenatal care, services and education is important. Centra Virginia Baptist Hospital, the region’s first Baby Friendly® hospital, employs a perinatal navigator to work closely with expectant moms for guidance and support.

Our focus is ensuring a safe and healthy pregnancy for mother and baby and helping families receive the best care.

The perinatal navigator is a nurse who serves as an advocate for expectant moms and works closely with physicians in the region.

Our perinatal navigator:
- Builds professional relationships with expectant moms and families
- Works collaboratively with local and regional healthcare providers
- Coordinates care throughout a pregnancy
- Encourages families to attend Childbirth and Family Education classes
- Provides education and support
- Ensures moms-to-be are well informed and understand prenatal care plans
- Helps women and families remove barriers to prenatal care
- Helps expectant mothers and families navigate appointments and consultations
- Provides education, guidance and resources for high-risk pregnancies
- Helps patients and families understand the specific diagnosis and treatment plans

FOR MORE INFORMATION

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