



Lynchburg General Hospital	1901 Tate Springs Road, Lynchburg, VA 24501	434.200.4540
Bedford Memorial Hospital	1613 Oakwood Avenue, Bedford, VA 24523	540.425.7545
Centra Southside Community Hospital	800 Oak Street, Farmville, VA 23901	434.315.2770
Stroobants Cardiovascular Center – Lynchburg	2410 Atherholt Road, Lynchburg, VA 24501	434.200.2456
Stroobants Cardiovascular Center - Farmville	900 W. Third Street, Farmville, VA 23901	434.392.4370
Stroobants Cardiovascular Center - Gretna	291 McBride Lane, Gretna, VA 24557	434.656.1717
Stroobants Cardiovascular Center – Danville	173 Executive Drive, Danville, VA 24541	434.797.1383
Stroobants Cardiovascular Center – Moneta	1039 Mayberry Crossing Drive, Suite C, Moneta, VA 24121	540.297.7840

Patient Instructions for Cardiovascular Tests

Appt. Date/Time _____ Check-in Time _____

- Echo** **Carotid Doppler** **Lower Extremity Arterial Study** **Upper Extremity Arterial Study** **Ankle Brachial Index** **Venous Doppler**

LEAS, UEAS, ABI and Venous studies **NOT available at Moneta Location*

- 1) No preparation
- 2) Your test will take approximately forty-five (45) to sixty (60) minutes.

Abdominal Ultrasound

**Not available in Moneta*

- 1) Do not eat or drink anything **twelve (12) hours** prior to your test.
- 2) Your test will take approximately forty-five (45) minutes.

Renal Artery Duplex **Mesenteric Artery Duplex**

**Lynchburg Location only*

- 1) Eat a light supper the evening prior to your test and do not eat anything after **Midnight**.
- 2) Do not drink any carbonated beverages **twenty-four (24) hours** prior to your test
- 3) Your test will take approximately ninety (90) minutes.

Holter/Event Monitor

- 1) Wear a garment that opens in the front from your neck to your waist. Women should NOT wear full slips
- 2) Please do not apply any lotion or cream to your chest.
- 3) Your test will take approximately thirty (30) minutes.
- 4) You cannot bathe or swim while wearing the monitor; otherwise you are able to do all routine activities.

Pulmonary Function Test

- 1) No preparation
- 2) Your test will take approximately sixty (60) minutes.

A cardiologist will review the results of your test and the report will be sent to your primary care physician. He/she will advise you of the results.

Please bring this form and your insurance cards to your appointment.